

Physical Education and Sports Development Plan 2023 - 2024

Key achievements 2023-2024

Activity/Action	Impact	Comments
<p>Resources - Update equipment required and purchase new resources in order to improve teaching and learning opportunities. Providing engaging facilities and opportunities for fun in active play within school. Providing a curriculum that aims to engage all pupils in physical education as well as sport that has a development of skills.</p> <p>Active Lunchtimes - Providing engaging facilities and opportunities for fun in active play within school facilitated by a member of staff who is training up sports captains to become young leaders for different activities.</p>	<ul style="list-style-type: none"> • Enhanced provision is planned to ensure breadth, quality and enjoyment of PE and sport is delivered well so that all children benefit. • More pupils engaged in PE, sport and extracurricular clubs. • Improved facilities and engagement in active play and fun lessons. • Engagement in fun physical activities, utilising the local environment and introducing children to a new sport. <ul style="list-style-type: none"> • Positive attitudes to health and well-being, kick starting healthy active lifestyles. • Opportunities for young leadership and activity facilitation. • Improved behaviour and attendance and reduction of low level disruption, especially at lunchtimes • Increased activity and a reduction of low level disruption, especially at lunchtimes. • Increased play for older children and less low level disruption caused by social unrest. • Expanding the Playground Leaders scheme to introduce multi-activities at lunchtimes 	<p>Improvement in the resources available have meant that more staff are able to access PE and ensure learning is consistent across year groups and the school. This has also meant that we have been able to expand our offer of extra-curricular activities that have included table tennis as well as the usual offer of sports and inclusive games.</p> <p>Providing more structure to lunchtimes has been incredibly beneficial at school because there has been a focus to different games and activities that are lead by a member of staff. The member of staff has been working to upskill young leaders in order to give them opportunities to lead the activities for younger pupils. This developed through the academic year and will be something that can be improved upon next year too. Not only has this seen an impact at lunchtime itself but the low level disruption after lunch has seen an improvement so this should continue to build too.</p>

<p>Staff CPD - Focus of sports specialist coach through curriculum utilised for staff CPD during lessons and via further CPD opportunities throughout the school year. Engagement with curriculum objectives and upskilling staff knowledge and confidence.</p> <p>Swimming Interventions - Access for the most vulnerable pupils to extra swimming sessions that are in addition to their usual curriculum lessons. Interventions focussed on DA and SEND pupils to enhance their chances of improving confidence in water and working towards expectations for national standards.</p> <p>Intra/Inter school competition - Pupils across the school will have opportunities to attend different events and competitions/ festivals to increase participation and enjoyment within the cluster and local area (including, swimming gala, football tournaments/fixtures, inclusive festivals, boccia competitions, cross country, indoor athletics,</p>	<p>at KS2 base. House Captains to monitor this and report to the PE team and successes and areas for development.</p> <ul style="list-style-type: none"> • Positive impact on the quality of delivery of PE lessons, Inter House events and clubs after school. • More confident and competent staff enhancing the quality of delivery of activities. • Confidence in teaching and assessment of swimming in school in line with national standards and school scheme of work. • Intervention sessions focussed on most vulnerable pupils involved an element of upskilling staff in engagement within swimming lessons. • Focus on how to get the best out of pupils who may lack confidence or require a different approach to teaching swimming. • Improving outcomes for pupils who build confidence in the water. • Increased pupil enthusiasm, enjoyment and achievement for competition • Competitions opportunities compliment a more inclusive curriculum which inspires and engages all pupils regardless of their ability. • More able pupils have the opportunity to compete with children from the area and 	<p>Staff CPD during active learning situations is crucial to the development of confidence and capability within lessons. All staff are very capable of aiding learning within real PE and sport lessons but confidence can differ between staff members. Swimming lessons in the 'pop-up pool' from Elite Swimming have provided great opportunities for staff to observe teaching methods and activities in order to upskill them and boost confidence in leading swimming lessons to work towards national standards.</p> <p>Having the chance to provide interventions that are in addition to curriculum sessions that specifically focus on DA and SEND pupils have been extremely beneficial. Doing this whilst upskilling staff has worked very well and provided better outcomes for pupils and more confidence in staff.</p> <p>Pupils from across the school have had access to different levels of competition both within school and in the local area. There have been opportunities for pupils to attend fixtures, festivals and tournaments as well as compete within school between their houses in different activities. This has been successful for DA pupils and SEND</p>
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multi-skills festivals).	<p>represent their school.</p> <ul style="list-style-type: none"> • SEND pupils have the opportunity to represent their school in competition. • Internal competitions promote a sense of belonging within the school house system. • Festivals attended will promote a love and enthusiasm for different sports and being active. 	involvement as well as providing opportunities for more able pupils too.
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Swimming Data 2023/24

Meeting National Curriculum requirements for swimming and water safety.

<i>Question</i>	<i>Stats</i>	<i>Further context - Relative to local challenges</i>
<i>What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?</i>	71% by the end of Year 5 (current year 5 cohort)	<i>Although the reporting data is due by the end of Year 6, as a first school, we are only able to report data for Year 5 pupils as this is the end point of their time at our school. By the end of year 5, we had 71% of pupils who were able to swim 25 metres confidently.</i>
<i>What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?</i>	62% by the end of year 5 (current year 5 cohort)	<i>Pupils who are level 4 or above in the Bengeworth Barracuda awards are required to be able to confidently swim front crawl and backstroke with the addition of breaststroke or butterfly in level 5 and beyond. 62% of pupils made it to level 4 or higher - these levels are in line with Swim England objectives.</i>
<i>What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?</i>	27% of year 5 cohort reached level 6	<i>All levels of the Bengeworth Barracuda awards look at elements of water safety. They cover: floating techniques, beach flags, water safety codes, calling for help, what to do if you fall in, exiting deep water, , signalling for rescue, sculling, swimming in clothes. For children to be fully competent and confident in all elements of water safety, children should reach level 6.</i>
<i>If your schools swimming data is below national</i>	Yes/No	<i>Swimming interventions have been used to look at</i>

<p><i>expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?</i></p>		<p><i>improving the percentage of children who are confident and competent swimmers at a distance of 25 metres. The stats show that we will look to improve the percentage of pupils who are competent at water safety in 24/25.</i></p>
<p><i>Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?</i></p>	<p>Yes/No</p>	<p><i>Opportunities for staff CPD have been sought out during sessions that have been run by the staff of Elite swimming where their trained coaches have acted as mentors for the TA's and other members of staff who have been supervising sessions and observing teaching methods.</i></p>

PE Team: Lydia Deakin & Tom Edkins

At Bengeworth Academy we work hard to develop and maintain a high standard of Physical Education through curriculum provision and extra-curricular opportunities. Our overall aim is to ensure that all of our children are provided with the opportunity to become physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

In using the allocation of the sports premium funding, over time we aim to:

- Provide breadth, quality and enjoyment in the delivery of our PE curriculum coverage across the Key Stages so that all children can benefit regardless of their sporting ability.
- Ensure the profile of PE and sport is raised across the school as a tool for whole school improvement.
- Improve and increase the confidence and knowledge of all staff in teaching PE and sport.
- Continue to offer a range of after school clubs so that we maintain and increase levels of participation.
- Enable more-able children to play and compete at an advanced level.

This year we were allocated **£16,000 + £10 per child** to support the development of PE and School Sport. Our main areas of focus for this academic year are:

2023/24 Academic Year - Action Plan

Area of Focus	Key Actions	Cost	In place	Evidence	Impact
<p>Provision of High Quality PE and Sport</p> <p><i>Breadth, quality and enjoyment</i></p>	<p>Monitoring of current PE provision and PE scheme to ensure good practise continues - LD and TE to look into CPD opportunities for staff.</p> <p>Ongoing CPD and team teaching opportunities with the Real PE scheme, training staff to ensure high quality teaching.</p> <p>real PE awards introduced in order to raise the profile of physical education in school.</p> <p>Promote the scheme through social media and newsletter to highlight successes throughout the year.</p> <p>Update equipment required and purchase new resources in order to improve teaching and learning opportunities.</p> <p>Providing engaging facilities and opportunities for fun in active play within school.</p> <p>Engage with the local rowing club, introducing pupils to bell-boating.</p>	<p>£2000 - New resources (small) used to aid teaching and learning in PE and Sport.</p> <p>List completed by PE Team for both settings - order to be raised. Resources purchased for lunchtime engagement and extra curricular clubs - particularly football, cricket, netball and a new table tennis club.</p> <p>£3000 - New playground markings at Burford Road - This is an action carried over from last year that wasn't actioned due to COVID and the new nursery build. - unable to happen</p>	<p>PE leadership team in place to discuss vision of PE and monitor progress in the subject.</p> <p>Specialist teacher to work alongside TE/LD to support the growth and development of the subject.</p> <p>Monitoring weeks booked throughout the academic year, alongside SLT, in order to check planning, observe lessons and speak to children about their learning and experiences. Deep dive covered these areas along with next steps...</p> <p>PE team to look at resources and place an order with Davies Sports.</p> <p>LD to liaise with TE and enquire about playground markings</p>	<p>Impact from last year</p> <p>Assessments - real PE assessment, skills progression document and long term plan</p> <p>Continue with a PE assessment for Real PE and awarding Real PE certificates to celebrate.</p> <p>Pupil Voice through House Captains and surveys conducted online - Active Lives Survey</p> <p>Teachers audit and monitoring.</p> <p>Pupil voice</p>	<p>Enhanced provision is planned to ensure breadth, quality and enjoyment of PE and sport is delivered well so that all children benefit</p> <p>Positive attitudes to health and well-being, kick starting healthy active lifestyles.</p> <p>Whole school improvement.</p> <p>Positive behaviours across curriculum show impact of healthy living and enjoyment of sport in school.</p> <p>More pupils engaged in PE, sport and extracurricular clubs.</p> <p>Improved facilities and engagement in active play and fun lessons.</p> <p>Engagement in fun</p>

		<p>yet due to the nursery build completion and car park extension.</p> <p>Annual membership £600 Real PE</p> <p>£500 for DA pupil swimming intervention groups to attend sessions above and beyond curriculum sessions.</p> <p>£2000 Fitness equipment at King's Road.</p> <p>£3000 Lunchtime football club - promoting a love of sport and equal participation from boys and girls - AEH.</p>	and get quotes from companies.		physical activities, utilising the local environment and introducing children to a new sport.
<p>Staff CPD</p> <p><i>Improve and increase confidence and knowledge</i></p>	<p>Opportunities for all staff to improve knowledge and understanding in areas of activity during the development of Real PE sessions and assessment, Inter House competition and other opportunities around school.</p> <p>All staff signposted towards improving knowledge and understanding of PE and sport through CPD opportunities -</p>	<p>£1000 - CPD opportunities for staff and lead members of staff to attend training opportunities within PE and swimming in order to improve confidence and</p>	<p>To liaise with SP/NS regarding training to enable more confident and competent staff enhancing the quality of delivery of activities with cross curricular links.</p>	<p>Staff audit - conversations with colleagues regarding further support and CPD</p> <p>Observations as part of phase reviews/ deep dive.</p>	<p>Positive impact on the quality of delivery of PE lessons, Inter House events and clubs after school.</p>

	<p>focus on swimming for key individuals.</p> <p>In house CPD opportunities available for staff to improve confidence with scheme (Real PE).</p>	<p>subject knowledge. Cost includes cover for staff out of class.</p> <p>£7000 - Specialist sports coach employed to deliver curriculum content and upskills support staff through CPD opportunities within lessons and through lesson reflections.</p>			
<p>Extra-Curricular</p> <p><i>Maintain and increase participation in extra-curricular clubs</i></p> <p><i>Increase opportunities for being active during daily routine, outside of curriculum time</i></p>	<p>Increase the range and diversity of activities offered across school to ensure the enhancement and extension of our curriculum provision</p> <ul style="list-style-type: none"> - Foldable Trampolines x 15 for curriculum lessons and extra-curricular clubs. - Yoga mats for KS1 and KS2 - Table tennis equipment for lunchtime/ after school club. <p>Improve the quality and qualifications of internal staff so that we can offer more sports activities throughout the year</p> <p>Increase partnerships and links with local clubs and external agencies - look at arranging an event for local clubs to come into school for promotion.</p>	<p>£1,000 for new gymnastic mats at KR</p> <p>New resources made available for alternatives and existing across both KS1 and KS2. - External providers and local links utilised.</p> <p>Examples: Trampoline club, Yoga club</p> <p>Look into ordering... Trampettes Yoga mats Table tennis</p>	<p>Increased number of children participating in extracurricular opportunities per week</p> <p>Continue to utilise 3 local coaching companies to offer alternative activities after school which include: Karate, Hockey, Tennis. Added UDA Dance and Empower Active Coaching - Gymnastics, Archery & Multi Skills.</p> <p>Links created with local clubs to offer taster days and free</p>	<p>Club registers</p> <p>Pupil voice</p> <p>Staff skill audit</p> <p>TE/LD clubs monitoring at both settings in line with Kirsty Shaw.</p>	<p>Increased pupil participation from previous year when reviewed in Summer 2020 for School Games data.</p> <p>Enhanced, extended, inclusive extra-curricular provision</p> <p>More confident and competent staff enhancing the quality of delivery of activities.</p> <p>Clearer talent pathways Increased school-community links.</p>

	<p>Reintroduce the Playground Leaders programme to Y4 and 5 chn during curriculum time. Application during lunch times - rota per half term.</p> <p>PE lead/specialist to monitor clubs and look at tailored programmes of clubs throughout the year.</p>	<p>equipment</p>	<p>clubs after school throughout the year.</p> <p>Expanding the Playground Leaders scheme to introduce multi-activities at lunchtimes at KS2 base. House Captains to monitor this and report to the PE team and successes and areas for development.</p>		<p>Improved behaviour and attendance and reduction of low level disruption, especially at lunchtimes</p> <p>Increased activity and a reduction of low level disruption, especially at lunchtimes. Increased play for older children and less low level disruption caused by social unrest.</p>
<p>More Able and Gifted</p> <p><i>Provision for the more able (G&T)</i></p>	<p>More able swimmers will be provided with the opportunity to develop their skill and look to compete in a local swimming event after 6 sessions. Transport paid through premium funding for training sessions and fixture (Gala). These sessions are outside the curriculum coverage and in addition to.</p> <p>Time available for PE Lead to assess chn across the school and receive feedback regarding children - discussions with PE team on a regular basis through meetings.</p> <p>Provision of a specific programme of work to extend and challenge the more able chn throughout - Extra Curricular Clubs Boys/Girls Football, Cricket and Netball</p> <p>Extension work in lessons and at clubs.</p>	<p>£1000 transport towards fixtures and training sessions.</p> <ul style="list-style-type: none"> - Gala - Football tournaments - Inclusive festivals - Cross Country <p>Inclusive and more able clubs after school, throughout the year.</p> <ul style="list-style-type: none"> -Boccia - Kurling - Archery <p>Invite only</p>	<p>PE lead and class teachers to assess more-able children in both Key Stages.</p> <p>Provision of differentiated curriculum for KS1 and KS2 through Real PE scheme, offering extension and enrichment opportunities for all children through self-challenge and assessment</p> <p>Assessment tracking in PE - information made accessible to all staff</p>	<p>Gala swimming registers and results from competition</p> <p>Assessments</p> <p>G&T Register</p> <p>More Able Invite Clubs</p>	<p>Increased pupil enjoyment and achievement.</p> <p>Enhanced, extended curriculum provision</p> <p>Positive impact on whole school improvement seen in all areas of school life.</p> <p>More opportunities to extend the more able pupils.</p>

	<p>All staff to be challenging the more able with different areas of focus during differentiated work in both Real PE and sport.</p> <p>All staff are encouraged to attend sport related courses when available.</p>	<p>Extracurricular clubs for More Able and Gifted pupils.</p> <ul style="list-style-type: none"> - Football - Swimming 			
<p>SEND</p> <p><i>Provision, intervention and competition for SEND</i></p>	<p>Accessibility to SGO cluster activities, competitions and School Games competitions (Archery, Boccia and Multi Skills days)</p> <p>Smart Moves CPD for staff to then be taught across the school throughout the year - training sessions to be planned to upskill staff members to run the sessions for children (CSP CPD opportunity).</p> <p>Resources to meet the needs of the chn</p> <p>Inclusion policy links to PE policy SEND assessments</p>	<p>£200 Inclusive swimming intervention in 'pop-up pool' with Elite Swimming.</p>	<p>Fundamental movement skills taught through Real PE scheme in KS1 and progresses into KS2 with focus on whole child development</p> <p>Purchased specialist teaching resources and equipment to develop a fully inclusive curriculum - Smart moves kit to be purchased (following on from last year)</p>	<p>Assessments</p> <p>SEND Register</p> <p>Smart moves assessment</p>	<p>Increased pupil enthusiasm, enjoyment and achievement for competition</p> <p>A more inclusive curriculum which inspires and engages all pupils regardless of their ability - Real PE scheme embedded into teaching and applied in Sport with coaches and teachers.</p> <p>Positive impact on whole school improvement</p>
<p>Competition</p> <p><i>Increase participation in Inter and Intra school competition</i></p>	<p>Offer discrete Inter school competition every term for all chn in KS2 (Aut - Cross Country, Spring - School Games Day, Summer - Rounders). Staff to observe sessions and take an active role in umpiring/refereeing</p> <p>Increase the number of opportunities to take part in Inter school competitive events (L2 and L3)</p> <p>Introduce more opportunities for girls</p>	<p>Cluster Fund £470 - Transport to cluster organised events and competitions.</p> <p>£500 cover for trained staff to attend competitions and help to run</p>	<p>New opportunities for KS2 to take part in Intra-school competition (once every term with School Games day and Sports Day)</p> <p>New opportunities for all chn to take part in competition at the end of each unit of work during PE lessons</p>	<p>School data</p> <p>SGO Calendar of events</p> <p>School games participation Summer and Winter Games</p> <p>Cluster fixture lists</p> <p>Tracking sheet for cluster and other</p>	<p>Increased participation (100%) in Intra school competition in KS2 (regular competition)</p> <p>Increased percentage of children partaking in tournaments and competitive opportunities, Level 2 and Level 3 games competitions and friendly events</p>

	<p>sports clubs - Football, Netball and Dance</p> <p>Offer more fixtures at KS2 base with schools in our cluster.</p> <p>Work closely with Middle and High Schools</p>	<p>fixtures.</p> <p>£250 contributions towards competition entries.</p>	<p>Football tournaments to be organised and hosted at Kings Rd.</p> <p>Bengeworth Multi sports day Competition Held at BR for Rand Year 1- inviting other schools to participate</p> <p>x20 Y4 and Y5 boys/girls attending football club</p> <p>Emails sent to all schools within the cluster and further afield to invite schools to events throughout the year</p> <p>Improved links with St Egwins and De Montfort Middle Schools</p>	<p>fixtures</p>	<p>Opportunities for more girls to take part in competitive experiences - Football, Netball, Hockey, Dance</p> <p>Increased pupil enthusiasm, enjoyment and achievement for competition</p> <p>Clearer talent pathways</p> <p>Closer links with Sports Leaders at Middle Schools</p>
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Key

Already completed

Funding allocated but incomplete