

HUNGRY OWLS LUNCH MENU

	Week Commencing Monday 25th March	Week Commencing Monday 1st April
Monday	Pasta spirals with homemade Tomato sauce with parmesan cheese Selection of vegetables Homemade Cake slice	Mac & Cheese with optional Crispy bacon Plain Pasta with Tomato sauce Selection of vegetables Homemade Cake
Tuesday	Homemade Chicken casserole with Whole grain rice Quorn casserole or Jacket potato with various fillings Chocolate Mousse	Mild Beef Chilli Veggie Mince Chilli With Rice & Tortilla Jacket Potatoes with various toppings Fruit Crumble with custard
Wednesday	Beef Lasagna Vegetable Lasagna Plain pasta option Selection of Vegetables Lemon Drizzle Cake	Cheese & Tomato Pizza With optional pineapple & pepperoni New potatoes & salad bar Fruit Jelly
Thursday	Roast Gammon Quorn Roast With Roast, Mash potatoes, selection of vegetables & Gravy Fruit yoghurt	Roast Chicken with homemade stuffing Lentil Roast Roast, Mash potatoes, vegetable selection & gravy Strawberry Mousse
Friday	Jumbo Fish Fingers Stuffed Mushroom Chips, Wedges, Baked Beans & Spaghetti Hoops Homemade Shortbread & Milkshake	Breaded Fish finger, Salmon fillet square Tomato & Cheese Quiche Chips, wedges, baked beans & hoops Homemade Flapjack

Please note: A selection of vegetables are served as an option with every meal. Jacket potatoes with various toppings & salad bar available as an alternative Main option. Fresh fruit served daily. Bread and Water available.

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