

SUPPORT FOR CHILDREN AND FAMILIES

At Bengeworth, we live out a promise to continually learn, improve our world and better ourselves by applying Christian values through our actions each and every day. Our values guide our choices as we learn and prepare us for the journey beyond our school, into our future.

At Bengeworth, our intent is to develop aspirational, confident learners and leaders of the future who have a deep understanding of the world around them and the impact they can have on it.

At Bengeworth CE Academy we recognise the challenges that families face in bringing up children. We endeavour to create a school ethos that promotes trust between parents/carers and school, as well as between all adults and children, so that everyone knows who they are able to talk to if they have any concerns or worries. There may be times when you need extra help and support. If this is the case, please come and talk to us. Providing early help to our pupils and families at Bengeworth means we are more effective in promoting support as soon as we can which can be at any point in a child's life, from early years all the way through to teenage years.

There are many ways in which we can help as outlined in this offer of Early Help. We can also help to plan specific support for families in many forms where we can work together to set out the ways the school and other agencies and you as a parent can work together to achieve the best for your child and family. In order to support in the right way, we work with you to identify what are you worried about, what is working well and what needs to happen. The information you share with us we will use to form a 'family plan' which will help us to identify which other agencies and professionals will be able to support you and your child appropriately.

KEY PERSONNEL:

The Designated Safeguarding Lead (DSL) is: Kirsty Shaw Contact details: <u>kjs83@bengeworth.worcs.sch.uk</u> Telephone: 01386 442047

The deputy DSL(s) are: Hayley Potter, Natalie Snowdon and Jane Wadmore Contact details: <u>hb54@bengeworth.worcs.sch.uk</u> Telephone: 01386 442047 <u>nem10@bengeworth.worcs.sch.uk</u> Telephone 01386 442047 jwadmore@bengeworth.worcs.sch.uk Telephone: 01386 442047

The Family Support Professional is Jane Wadmore Contact details: jwadmore@bengeworth.worcs.sch.uk Telephone: 01386 442047

The Headteacher is: Hayley Potter Contact details: <u>head@bengeworth.worcs.sch.uk</u> Telephone: 01386 442047

The Governor responsible for safeguarding is: Edward Fair Contact details: efair@bengeworth.worcs.sch.uk Telephone: 01386 442047

The Chair of Governors is: Andy Martyr-Icke Contact details: <u>amartyricke@bengeworth.worcs.sch.uk</u> Telephone: 01386 442047

EARLY HELP TEAM AT BENGEWORTH

Kirsty Shaw Head of School Burford Road setting Designated Safeguarding Lead (DSL)	Hayley Potter Headteacher King's Road setting Deputy Designated Safeguarding Lead (DDSL)	Natalie Snowdon Deputy Headteacher Deputy Designated Safeguarding Lead (DDSL)	Jane Wadmore Family Support Professional Deputy Designated Safeguarding Lead (DDSL)
Elizabeth Lane Bengeworth SENCo Year 2 Class Teacher	Rachel Seneque Bengeworth MAT Director of Inclusion and Provision	Katy Roleston Culture and Ethos Lead Year 5 class teacher	Monika Slowinska EAL Support Professional
			vo Tempest
Sarah Martin Emotional Literacy Support Assistant (ELSA) Year 4 Support Professional	Caroline Morgan Emotional Literacy Support Assistant (ELSA) Year 5 Support Professional	Emma Gallot Emotional Literacy Support Assistant (ELSA) Year 2 Support Professional	Louise Townsin Emotional Literacy Support Assistant (ELSA)
	If you are experiencing any challenges or issues affecting family life, please speak to a member of staff who will be happy to provide support and advice.		
Kevin Mackleworth Educational Psychologist			

OUR EARLY HELP OFFER

Early Help is a pathway to supporting your child and you as they grow up when you, or they, may need further support or guidance.

Early Help can support children and their families who may be struggling with:

- · Routines and family rules
- · Families who may be not be eating healthy food
- · Keeping to a healthy lifestyle
- · Children who are caring for a family member
- · Children who may not want to go to school for different reasons
- · Disability within the family
- · Children in the family have special educational needs (SEND)
- · Children who may becoming involved in anti-social or criminal behaviour
- · Children who go missing from home
- · Children or parents / carers misusing drugs or alcohol
- · Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- · Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)
- Families who may be need support with finances

Anyone can provide early help – you don't need to be an expert or professional. Early help is not about passing on the issue to an expert, but is about finding the best support at the right time in order for a child, and family, to thrive. The coordinated Bengeworth offer of Early Help is outlined in the table below. In addition, Bengeworth CE Academy may also sometimes support you to contact other support agencies when additional help is identified to support children, young people, or families or to prevent harm and this information is also available below.

At Bengeworth CE Academy we meet the needs of our children through a variety of ways:

Bengeworth's Early Help Offer	
Designated Safeguarding Lead and team	Our Safeguarding team works closely together to ensure best possible safeguarding practices are in place. The Designated Safeguarding Lead (Mrs Kirsty Shaw) is non-teaching and therefore able to offer immediate support as needed, supported by 2 highly trained deputies (Mrs Hayley Potter and Mrs Jane Wadmore) who are able to support in the DSL's absence. Staff are trained to share any emerging concerns with the DSL who will put a plan in place, or seek further advice, to support the child or family as needed.
Family Support Professional	Mrs Jane Wadmore is our school Family Support Professional. She can provide face-to-face support for families, including signposting to

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	relevant resources to support families, including support for
	routines, finances, behaviour, housing and much more.
	Parents and carers can contact Mrs Wadmore, who is available every
	afternoon at our Burford Road setting, directly through the email
	<u>familysupport@bengeworth.worcs.sch.uk</u> or by completing an online referral form via the website on the tab: Parent Information –
Duril Maine	Family Support – Family Support Referral Form.
Pupil Voice	We regularly conduct children's questionnaires to ascertain if they
	feel happy and safe. Our Pupil Parliament, including our Mental
	Health Ambassadors and Digital Leaders, have a big role in making
	sure the pupil voice makes a difference to decisions made at school and all pupils leaders meet fortnightly as a whole group. All staff are
	trained in promoting self-esteem and confidence and the school
Attendance	holds the Gold Carnegie Mental Health Award.
Allenuarice	Attending school on time each and every school day is very important. Mrs Roleston, our Culture and Ethos Lead, will help
	support families where children are struggling with attendance or
	arriving on time. Advice and support can be found on our website
	here.
Behaviour For Learning	At Bengeworth, we always seek to recognise children for the good
	choices they make each and every day, with children rewarded with
	house points, values' marbles, stickers and certificates when they
	display positive choices. We have taken a relationship-based
	restorative justice approach towards behaviour, enabling children to
	reflect on any inappropriate choices they may make and to consider
	the impact of their behaviour on others around them. Parents and
	carers are well informed, involved and given guidance as needed to
	support them in encouraging positive behaviour. Our Behaviour
	Policy is available on our website or by clicking here.
	All children are encouraged to demonstrate the six values of respect,
	responsibility, perseverance, friendship, forgiveness and trust; these
	are publicly recognised and celebrated through the awarding of
	marbles when a value is demonstrated, as well as through
	peer-nominated 'Values Champions' who are awarded medals half
	termly for consistently demonstrating all values.
Inclusion Lead and SENCo	Mrs Rachel Seneque is our Inclusion Lead and holds an SLE for
	Inclusion, the national SENCo award, is Mental Health First Aid
	trained and holds a Level 5 TISUK qualification. Miss Elizabeth Lane
	is the school's SENCo who also holds the national SENCo award and
	is Mental Health First Aid trained. Both Mrs Seneque and Miss Lane
	oversee the support and provision of all groups of pupils to ensure
	they are making their best possible progress and meet their full
	potential. They are able to offer support and guidance to parents
	and carers via email or telephone and can refer to specialist agencies
	if a particular need is identified.
	The school holds Inclusion Quality Mark 'Flagship' status.
	Further information on our website can be found <u>here.</u>
Educational Psychologist	Mr Kevin Mackelworth is an independent Educational Psychologist
	who supports children, parents/carers and the school both in school
	and remotely. He works with children using his knowledge of child
	development to assess difficulties they may be having with learning,
	as well as engaging adults in collaborative discussions about how to

	remove barriers to learning and develop strategies to support the inclusion of pupils with additional needs within lessons.
EAL support	Mrs Monika Slowinska is our Polish speaking support professional
	who supports children with English as an additional language
	through targeted and individualised programmes for EAL children
	from Reception to Year 5. In addition, she holds an informal drop-in
	session for parents and carers every Monday morning from 8.45am
	to 9.15am at our Burford Road setting.
Speech and Language	Katy Essex supports children who are on the NHS caseload for
	Speech and Language therapy interventions through direct work,
	liaison with parents and provision of resources. She works alongside
	Miss Claire Floisand and Mrs Melanie Judge, our Speech and
	Language trained support professionals.
Parenting Groups and Parental	As a school, we work with South Worcestershire Parenting Group
Learning	and Family Learning to offer a range of online parenting courses to
	our community, including the Solihull Approach, Triple P and
	Incredible Years.
Food packages and Caring	School staff are able to identify and refer any families who are in
Hands in the Vale	need of a food parcel which also contains other necessary household
	items. More information can be found here: <u>chands.org.uk</u>
Financial support	As a school, we recognise that there may be times when funding
	activities may be a challenge for families. We offer all our DA pupils
	(eligible for the PPG grant/FSM) in Reception a free school uniform
	when they start school and encourage parents/carers to come in and
	discuss any financial concerns with a member of the Leadership
	Team. Contributions for educational visits, swimming and residential
	opportunities can be adjusted or spread over a longer period as
	necessary so that no child is excluded from an activity as a result of
	funding.
	Pupils who qualify for FSM are also offered the opportunity to attend
	our after school Curriculum+ clubs with payment funded by the
	school.
	Parents and carers can apply for benefits-related free school meals
	<u>here.</u>
ELSA (Emotional Literacy)	We can support children who have an identified need regarding
	social and emotional mental health through a 1:1 mentoring service
	with one of our ELSA trained members of staff. This is tailored to
	meet the needs of the individual.
Mental Health and Wellbeing	We have 2 key staff who have received the Mental Health First Aid
	training, Mrs Seneque, who has completed the `Strategic Lead for
	Mental Health award, and Miss Lane, who are both able to support
	staff to spot signs and symptoms of common mental health issues,
	provide non-judgmental support and reassurance, and guide the
	child or adult to seek professional support they may need to recover.
	We offer a range of interventions in school to support the emotional
	wellbeing of our children. These include Talkabout, Zones of
	Regulation, Time to Talk and nurture-based provision.
	The school also has pupil mental health ambassadors who learn
	about the skills and personal qualities of a mental health champion,
	what mental health is and why it is important, how we care for our
	own mental health and practical ways they can promote positive
	mental health around school.

	The school has achieved the Carnegie Mental Health Gold award.	
Online Safety	Each year group is taught how to use computers, iPads and the internet safely throughout the year, linking directly with the computing curriculum and through a cross-curricular approach. We run presentations for parents using the NCA-CEOP 'ThinkuKnow' resources at curriculum meetings and signpost parents to these. This supports both children and parents in developing a greater awareness of the dangers they face online each day, as well as offering strategies to keep themselves safe. Our online safety leads, Mrs Snowdon and Mr Hunt monitor safety in school and work with the SLT to put measures in place to further support the children in developing safe online usage. The school uses Securus monitoring software which is also checked regularly and which alerts staff to any potential online concerns arising from online searches or access to inappropriate material. The school has appointed 'Digital Leaders' from Years 3 to 5 who work together to ensure online safety is a focus within school and that all children have a clear understanding of how to stay safe	
CAF - Children, Adolescents and Families Team	We work closely with the Molly Edwards, social prescriber for the Children, Adolescents & Families (CAF) Team who support children, young people and their families with a whole range of issues and problems that may be affecting their health and wellbeing, helping them to feel more empowered, build their confidence and enable them to take greater control of their life. Support is person-centered and tailored to a child's individual needs. More information can be found at <u>www.onside-advocacy.org.uk</u> and can be contacted at <u>accesshub@onside-advocacy.org.uk</u>	

Evesham Local Services		
Starting Well Partnership – Pershore and	John Martin's Charity	
Evesham Family Hub	Providing grants for families, individuals, the	
Pershore Medical Practice, Queen Elizabeth Drive,	disabled and anyone who is on a low income or	
Pershore, WR10 1PX	who is in financial difficulty due to a variety of	
07872 503058	circumstances, including support for school	
Family Hub every first and third Thursday of the	uniform.	
month.	01386 765440	
Pershore and Evesham Family Hub	enquiries@johnmartins.org.uk – general enquiries	
	<u>student@johnmartins.org.uk</u> – student grant	
	enquiries	
	johnmartins.org	
Caring Hands in the Vale	Rooftop Housing Group	
Food bank in the centre of Evesham providing	Supporting the local community to find safe and	
food parcels, toiletries, bedding, clothing and	appropriate homes.	
blankets on a referral basis.	70, High Street, Evesham, Worcestershire, WR11	
	4YD	
Diane Bennett 07859 892528 (12 noon to 2pm)	01386 420800	

<u>chands.org uk</u> Email - info@chands.org.uk	<u>Rooftop Housing Group</u> Email – enquiries@rooftopgroup.org
What's on in Evesham in the school holidays?	Evesham Library
Ready Steady Worcestershire – school holiday	Oat Street, Evesham, Worcestershire, WR11 4PJ
food and activities (HAF) – Worcestershire County	Evesham Library – Worcestershire County Council
Council	

Early Help Family Support Service:



The Early Help Family Support Service is delivered by

Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker.

For more information, please visit: <u>Worcestershire Children First Early Help Family Support Service</u> <u>Worcestershire County Council</u>

Early Help in Worcestershire have created a **booklet** to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The booklet will help you and families find the most appropriate support.

To download this booklet, please visit: Worcestershire Family Hub



Health, including mental health, emotional wellbeing, and sexual health)		
The Starting Well Partnership offer a range of healt		
experiencing a range of health issues – <u>startingwellv</u>		
School Health Nursing Service	Chat Health Text Service	
School health nurses offer a range of services such	Chat health is a free and confidential text service	
as home visits, health needs assessments, time4u	for young people in need of advice or support.	
drop-in service, school aged hearing and national	To confidentially contact your school nurse, text:	
child measurement programme to support the	07507331750	
needs of children and their families		
Worcestershire Health Visiting Service		
Health visitors work with families to improve		
future health outcomes and can offer expert		
information, assessment and intervention for		
babies, children and families		
Reach4Wellbeing Social Prescribing - Onside Advocacy,		
The Reach4Wellbeing team promotes positive	Worcestershire (onside-advocacy.org.uk)	
wellbeing to reduce the stigma of mental health	Social Prescribers support you to take control of	
by providing short-term group programmes for	your health and look after yourself by making	
children and young people age 5-18 experiencing	connections with the different types of community	
mild to moderate anxiety and low mood	support available	
NHS Children and Adolescent Mental Health	Kooth	
Services (CAMHS)	Kooth is an online mental wellbeing community	
Services (CAIVITS)	which offers free, safe, and anonymous support.	
	which others free, sale, and anonymous support.	
Healthy Minds	Winston's Wish	
Supporting adults with their mental health	Winston's Wish provide support for children and	
	young people following the death of a sibling,	
	parent, or person important to a child	
Papyrus UK Suicide Prevention	Mental Health Foundation	
Charity dedicated to the prevention of suicide and	Working for good mental health for all	
the promotion of positive mental health and		
emotional wellbeing in young people		
<u>Samaritans</u>	Parental Wellbeing	
Telephone: 116 123	Support and guidance for all aspects of parenting	
24 hour support		

Substance Misuse	
Cranstoun	Here4YOUth
Working with adults over 18 who are struggling	Children and young person's alcohol and drug
with their drug or alcohol intake, as well as advice	service for children up to the age of 18
and guidance for family members	

Sexual Health	
Sexual Health – Worcestershire County Council Information and support on all areas of sexual health	Worcestershire Integrated Sexual Health Services Friendly, non-judgmental specialist services across Worcestershire to support the management of sexual health
	WISH Contraception and sexual health clinics WISH have a dedicated Outreach nursing service. Referral forms can be found at <u>www.knowyourstuff.nhs.uk</u> . The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services
NHS Sexual Health Information and advice about sexual health, including contraception and sexually transmitted diseases (STIs)	SH:24 Free STI test kits and contraception

Bullying, including Cyberbullying (online)	
If you are concerned that your child may be being bullied, please come into school and talk to us and we will be able to help. In addition, there are several links below which will provide you with more information as to how to support your child if you, your child, or someone you know is being bullied.	
School Online Safety Reporting ToolNSPCCOnline safety and cyberbullying reporting tool available on the school websiteGuidance, support and information on bullying and cyberbullying	
Be Internet Legends Helpful advice for adults and children about how they can be smarter, safer and happier explorers of the online world	Anti-Bullying Alliance Advice and support for parents
UNICEF – Cyberbullying and How to Stop it Support and guidance aimed at teenagers regarding bullying online and social media platforms	
Kidscape Help and guidance with bullying	Family Lives Information about bullying, cyberbullying and its effects

Family Members in Prison		
NICCO – National Information Centre on Children	Your (Youth) Support Services (YSS)	
of Offenders	A service committed to helping young people and	
Helpful links to websites which can support	adults overcome adversity and achieve	
parents and carers who may have a relative in	independence	
prison		

Online Safety including Sexting		
If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:		
CEOP - ThinkuKnow – advice for parents Advice, guidance and resources for parents regarding internet use and how to stay safe online, as well as how to report a concern	Barnardo's – Keeping children safe online Information from online safety experts for all areas of internet safety, including how to start a conversation with your child Educate Against Hate	
	Government advice and trusted resources to help safeguard students from radicalisation, build resilience to all types of extremism and promote shared values	
Internet matters A great site for parents to help their child feel safe online	BBC – Own it! 8 tips for staying safe online for children	
Sexting is the sending or receiving of sexually explicit images, videos or conversations online.		
NSPCC – Sharing pictures Advice and support to help parents understand the risk and how to support your child if they have been sending, sharing or receiving nude images	<u>CEOP</u> Advice and guidance; Nude selfies – what parents and carers need to know	

Special Educational Needs (SEND)

Mrs Rachel Seneque is our Inclusion Lead and holds an SLE for Inclusion, the national SENCo award, is Mental Health First Aid trained and holds a Level 5 TISUK qualification. Miss Elizabeth Lane is the school's SENCo who also holds the national SENCo award and is Mental Health First Aid trained. Both Mrs Seneque and Miss Lane oversee the needs of all the children at school and can refer to specialist external agencies for extra help and support.

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SEND Local Offer – Worcestershire County	SENDIASS – Special Needs and Disabilities Advice
Council	and Support Service
Information and advice for families with children	Herefordshire and Worcestershire SENDIASS are
and young people with SEND/disabilities	a dedicated team of advisors offering
Contact: localoffer@worcschildrenfirst.org.uk	legally-based and easily accessible information
	and advice about special educational needs and
	disabilities (SEND)
Council for Disabled Children Helping disabled children and young people and those with special educational needs to have full and happy childhoods, to fulfil their potential and be active in the community	
Worcestershire Social Care and support for	Worcestershire Parent and Carers' Community
children with disabilities	A local charity that supports families across the
Services to support the needs of children and	county, all of whom have a child with a disability
young people who have complex disabilities	or an additional need
Hereford and Worcester Dyslexia Association	Worcester Dyslexia Parent Group
Information and advice for parents who would	Support group for parents who have children with
like to find out more about dyslexia	dyslexia

Relationships	
Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships – which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.	
NSPCC Advice and guidance for parents on how to talk to their child about relationships	Harmony at Home Advice and guidance to Reducing Parental Conflict (RPC)
	The Family Hub – Worcestershire County Council Further support and links to helpful websites for all relationship issues and support
Helping Hands Helping Hands is for children aged 7-12. The group will help to increase children's understanding of feeling safe and to explore and promote behaviours which will contribute to a safe environment	Draw the Line Helping teenagers understand real relationships and to recognise harmful behaviour. Available on a mobile phone.
Childline Advice and support for children experiencing relationship issues	Thinkuknow - Disrespect Nobody Campaign targeting 12 – 18 year old boys and girls to support them, from becoming victims and perpetrators of abusive relationships

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

Evesham Job Centre Plus	Evesham Citizens' Advice Bureau
3 High Street, Evesham, Worcestershire WR11	13 – 15 Port Street, Evesham, Worcestershire,
4DA	WR11 3LD
0800 1690190	01386 712100
	Housing and Homelessness – Worcestershire
	County Council
	Advice and guidance on homelessness and
and a set of the set	housing in Worcestershire
Building Better Opportunities	Indeed
Help for local people to move closer or into	Job vacancies in Evesham
employment	
Rooftop Housing	Act on Energy
Supporting the local community to find safe and	Financial support for parents and carers
appropriate homes	experiencing difficulties with household bills
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Parenting Support	
Starting Well Partnership – Parenting	Action for Children – Parent Talk
Workshops, Groups and Courses	Down-to-earth parenting advice, with answers to
The Starting Well Partnership offer a range of	parenting questions and access to a parenting
parenting support, information, groups, and	coach to talk about anything worrying
courses	
HomeStart Working with families to provide one to one support in the family home each week. This service provides support tailored to individual needs and can help parents they learn to cope and build confidence to provide as best they can for their children	
The Gender Trust Advice and support for parents and carers around the subject of gender identity issues	Triple P Parenting – Positive Parenting Program Supporting families, advice and guidance

Child Exploitation	
PACE – Parents Against Child Exploitation	Catch 22
Support for parents and carers whose children are	Support for young people, professionals and
being exploited by offenders outside the family	carers with the aim of preventing or stopping
	child exploitation and missing incidents
	Get Safe Worcestershire
Get Safe	Lots of information about exploitation if you are
Connecting Services to Keep People Safe	worried that your child is at risk of being tricked,
	forced, or made to work in the criminal world
<u>Barnardo's</u>	STOPCE
Support and guidance for children and families	Guidance and explanations about child
who have experienced exploitation and sexual	exploitation
exploitation	
West Mercia Youth Justice Service	Action for Children
Support and advice for young people aged 10-17	Information and support for parents who may be
who have got into trouble with the police	worried that their child is being drawn into
	criminal activity and being exploited

Domestic Abuse	
West Mercia Women's Aid Support for women experiencing domestic abuse	Domestic Abuse Support – Worcestershire
	County Council
	Help and guidance for anyone experiencing
	domestic abuse, with further links to helpful sites
Safe Lives	Purple Leaf
A website for survivors, families and friends	Support for victims of sexual abuse and violence